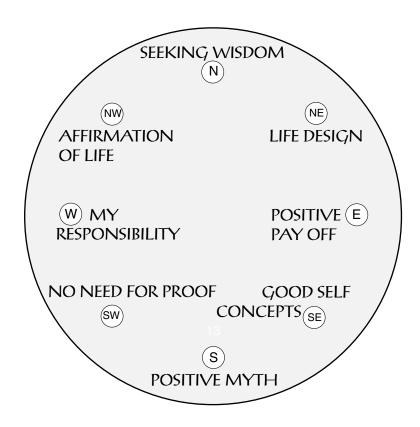
## THE CIRCLE OF COYOTES



## **SOUTH: POSITIVE MYTH**

The sort of person I really want to be is ......... and because I have an attitude of self honouring and skills of self reflection I know I can be that person

SOUTHWEST: NO NEED FOR PROOF I know I can be the sort of person I want to be because I design my life and I see proof of that, because I don't limit myself to having a dream of life that keeps me small.

WEST: MY RESPONSIBILITY I am the reason I am me, here and now, so I will be responsible for who I will be in the future

NORTH WEST: AFFIRMATION OF LIFE I affirm life and choose to aline with the sacred laws of life, respecting myself and others by following them

NORTH: SEEKING WISDOM
I choose to not be trapped in any beliefs instead I seek wisdom with an open mind, so I
can know the truth instead of merely believe in it.

NORTH EAST: DESIGN OF LIFE
I am creative and can design the life I wish by
employing the wisdom I have gained and
learning about the ways i block myself

EAST: POSITIVE PAYOFF

I am a worthy person and I deserve to make myself and others as powerful and as healthy as is possible - because all beings are sacred and worthy - including myself

SOUTH EAST: GOOD SELF CONCEPTS
I have a healthy ability to see how I trip myself up and am kind to myself when I do. Because of this I value myself and honour myself, giving tough love to myself when needed and gentle love to myself when needed so I can grow .... (moves to the South place) ... into the sort of person I really want to be .........

And off we go around the wheel again like a Coyote playing in the moonlight - seeking joy and wisdom here and there with a sparkle in its eye